

signature SALAD & WRAPS

AIN'T NO THANG	\$11.77
romaine, bleu cheese, cauliflower, celery, crispy jalapeños, red cabbage, carrots, buffalo chicken & ranch dressing	
BACK MOUNTAIN COBB	\$10.79
iceberg, bacon, bleu cheese, hard boiled egg, tomatoes, oven roasted turkey & ranch dressing	
CRUNCHY FRUIT & FETA	\$10.47
spinach, apples, grapes, oranges, pears, sunflower seeds feta cheese, candied walnuts & balsamic vinaigrette	
GREEK	\$10.97
romaine, artichokes, banana peppers, feta cheese, kalamata olives, cucumbers, tomatoes, red onions & greek dressing	
ROMAN EMPIRE	\$10.67
spinach, tomatoes, banana peppers, black olives, red onions, parmesan cheese, pepperoni, tri-colored rotini & italian dressing	
SOUTHWEST	\$10.97
romaine, avocado, banana peppers, corn, quinoa, black beans, cheddar cheese, tortilla strips & creamy southwest dressing	
TACO	\$10.28
romaine, cooper cheese, kidney beans, jalapeños, corn, tortilla strips, taco beef & taco sauce	
THE CARDINI (CAESAR)	\$10.29
romaine, grilled chicken, croutons, parmesan cheese & caesar dressing	
THE CRAZY CAPRESE	\$9.78
spinach, fresh basil, double tomatoes, double fresh mozzarella & balsamic vinaigrette	
THE POWERHOUSE	\$10.07
romaine, black beans, chickpeas, quinoa, double hard boiled egg, edamame, cheddar cheese & white balsamic vinaigrette	

EXTRAS

SOUP 8 OZ CUP.....	+ 3.99
16 OZ BOWL.....	+ 5.99

signature GRAIN BOWLS

ANCIENT SWEETNESS	\$10.47
spinach, ancient grain, cheddar cheese, apples, craisins, chow mein noodles, grapes, oranges, sliced almonds & soy ginger dressing	
FIVE-7-OH	\$11.17
spinach, tri-colored rotini, bell peppers, bacon, chickpeas, cucumbers, fresh mozzarella, mushrooms, red onions & italian dressing	
THE FAR EAST	\$10.27
spinach, quinoa, broccoli, carrots, chow mein noodles, oranges, red cabbage, sliced almonds, edamame & sweet carrot ginger dressing	
THE FARMHOUSE	\$9.87
romaine, farro, black olives, cauliflower, peas, corn, cucumbers, hard boiled egg, pepper jack cheese & parmesan peppercorn dressing	
THE GREEN MACHINE	\$13.17
kale, farro, shrimp, avocado, peas, bell peppers, broccoli, celery, cucumbers, edamame & parmesan peppercorn dressing	
THE IRON [WO]MAN	\$10.37
arugula, quinoa, broccoli, beets, celery, peas, sunflower seeds, strawberries, goat cheese & soy ginger dressing	
THE NEW WORLD	\$9.48
spring mix, quinoa, bell peppers, corn, broccoli, carrots, fresh mozzarella, red cabbage & spicy verde dressing	
UPSTREAM	\$14.17
arugula, quinoa, salmon, avocado, fresh basil, bell peppers, corn, red onions, tomatoes & white balsamic vinaigrette	

CHIPS.....	+ 1.79
APPLESAUCE.....	+ 1.29
COOKIES.....	+ 2.29

rev. 10.2021



Red Leaf

Salad Company

*Lettuce make it easy
to eat healthy!*



www.redleafsalad.com

LOCATIONS:

31 Tunkhannock Hwy.,
Dallas, PA 18612
Phone: 570-310-1756

413 Arena Hub Plaza,
Wilkes Barre, PA 18702
Phone: 570-235-6958

808 Scranton Carbondale Hwy.,
Dickson City, PA 18519
Phone: 570-483-4127

custom CREATIONS

SALAD \$8.49

- GREENS
- 5 BASE TOPPINGS
- DRESSING

WRAP \$8.49

- CHOICE OF WRAP
spinach, garlic or tomato basil
- GREENS
- 5 BASE TOPPINGS
- DRESSING

GRAIN BOWL \$8.49

- CHOICE OF GRAINS ancient grain, quinoa, farro or tri-colored rotini
- GREENS
- 5 BASE TOPPINGS
- DRESSING

KIDS MEAL \$7.49

- GREENS
- 3 BASE TOPPINGS
- DRESSING
- APPLESAUCE

*for kids 13 years old & under

 = BASE TOPPINGS

*additional toppings as priced
*extra dressing +0.59

GREENS

ROMAINE - ICEBERG
SPINACH - ARUGULA
SPRING MIX - KALE

TOPPINGS

FRUITS/VEGGIES

 APPLES	+ 0.69
ARTICHOKES	+ 1.49
AVOCADO	+ 1.69
 BANANA PEPPERS	+ 0.69
BEETS	+ 0.79
 BELL PEPPERS	+ 0.69
 BROCCOLI	+ 0.69
 CARROTS	+ 0.69
 CAULIFLOWER	+ 0.69
 CELERY	+ 0.69
 CORN	+ 0.69
CRAISINS	+ 0.99
 CUCUMBERS	+ 0.69
 GRAPES	+ 0.69
 JALAPEÑOS	+ 0.69
 MANDARIN ORANGES	+ 0.69
 MUSHROOMS	+ 0.69
 OLIVES black, green or kalamata	+ 0.69
 PEARS	+ 0.69
 PEAS	+ 0.69
 RED CABBAGE	+ 0.69
 RED ONIONS	+ 0.69
 ROASTED RED PEPPERS	+ 0.69
 STRAWBERRIES	+ 0.69
 TOMATOES	+ 0.69

CRUNCH

CANDIED WALNUTS	+ 0.99
 CHOW MEIN NOODLES	+ 0.69
 CRISPY JALAPEÑOS	+ 0.69
 CROUTONS	+ 0.69
 CRUNCHY ONIONS	+ 0.69
PARMESAN CRISPS	+ 0.99
SLICED ALMONDS	+ 0.99
 SUNFLOWER SEEDS	+ 0.69
 TORTILLA STRIPS	+ 0.69
 WONTON STRIPS	+ 0.69

PROTEINS

BACON	+ 1.69
BLACK BEAN BURGER	+ 2.29
CHICKEN grilled, jerk, buffalo, lemon garlic, sweet & spicy or cajun	+ 2.29
CHICKPEA BURGER	+ 2.29
 HARD BOILED EGG	+ 0.69
MARINATED TOFU	+ 1.09
PEPPERONI	+ 1.09
SALMON	+ 3.99
SESAME AHI TUNA	+ 3.99
SHRIMP	+ 2.99
TACO BEEF	+ 1.79
TUNA SALAD	+ 1.29
TURKEY	+ 2.29

CHEESES

BLEU CHEESE	+ 0.99
 CHEDDAR	+ 0.69
 COOPER SHARP	+ 0.69
FETA CHEESE	+ 0.99
FRESH MOZZARELLA	+ 0.99
GOAT CHEESE	+ 1.09
PARMESAN	+ 0.79
 PEPPER JACK	+ 0.69

BEANS/GRAINS/PASTA

ANCIENT GRAIN	+ 0.79
 BLACK BEANS	+ 0.69
 CHICKPEAS	+ 0.69
EDAMAME	+ 0.79
FARRO	+ 0.79
 KIDNEY BEANS	+ 0.69
TRI-COLORED ROTINI	+ 0.99
QUINOA	+ 0.79

DRESSINGS

SWEET GINGER CARROT - BLEU CHEESE
WHITE BALSAMIC VINAIGRETTE - CAESAR
BALSAMIC VINAIGRETTE - SPICY VERDE
PARMESAN PEPPERCORN - TACO SAUCE
FRENCH - HONEY MUSTARD - RANCH
SOY GINGER - STRAWBERRY VINAIGRETTE
ITALIAN - GREEK - CREAMY SOUTHWEST
THOUSAND ISLAND - HONEY CHIPOTLE
FRESH SQUEEZED LEMON JUICE
CLEAN CURRY VINAIGRETTE - EVOO
BALSAMIC VINEGAR - RED WINE VINEGAR